

NATURE'S FOUNTAIN OF YOUTH

The same substance that gives salmon and krill oil its pink colour also happens to be one of nature's most powerful antioxidants, anti-inflammatory agents, and ally in overall health.

Astaxanthin is a unique red carotenoid produced in the microalgae *Haematococcus pluvialis*. When nature puts algae in stressful conditions, it shields itself with the nutrient-rich algae oil astaxanthin, a versatile compound with a unique range of health benefits:



SKIN



JOINT



BRAIN



EYE



MUSCLE



HEART

EVERY ATHLETE NEEDS THIS

POWER & ENDURANCE

A study with elite-level cyclists found **increased power output and improved time trials** when compared to a control group without astaxanthin.

REPAIR & RECOVER

A series of studies with soccer players showed **reduced muscle damage and inflammation** as a result of **reduced free radical production in the mitochondria**.

KETO-FRIENDLY

The body tends to store some toxins in its fat reserves which can get released when switching over to the keto diet, contributing to the "keto flu". Anecdotal reports hint that as a strong antioxidant, **astaxanthin may help balance out symptoms of the keto flu**.



pond
NATURALS

pondnaturals.com

orders@pondnaturals.com